



# HAE IN-MOTION® 5K

Place	Bib	First Name	Last name	Sex	Ciry	St	Turn Around	Clock Time	Chip Time	Pace
1	173	Mark	Heere	M	Elkins Park	PA	0:09:41.98	0:19:29.40	19:28.9	05:54.2
2	174	Megan	Heere	F	Elkins Park	PA	0:11:21.99	0:23:05.88	23:04.3	06:59.5
3	162	Sean	Carpenter	M	Jamison	PA	0:12:23.98	0:24:13.10	24:05.7	07:18.1
4	183	Daniel	Long	M			0:12:16.99	0:24:26.31	24:24.3	07:23.7
5	125	Manny	Gaspar	M	Lexington	MA	0:13:08.96	0:26:42.39	26:39.2	08:04.6
6	175	Kate	Hentschel	F	Hatboro	PA	0:14:13.96	0:27:46.83	27:42.8	08:23.9
7	151	Joelene	Piccinino	F	Ocean City	NJ	0:13:36.86	0:27:46.70	27:44.4	08:24.4
8	180	Andrew	Montgomery	M			0:13:56.96	0:28:08.07	28:03.3	08:30.1
9	184	Lou	Putnam	M			0:13:33.92	0:28:06.17	28:04.9	08:30.6
10	113	David	Chu	M	King of Prussia	PA	0:14:38.90	0:28:21.01	28:12.8	08:33.0
11	181	Megan	Mayer	F			0:13:46.00	0:28:24.11	28:21.2	08:35.5
12	177	Ali	Valin	F	Philadelphia	PA	0:14:57.93	0:28:59.75	28:49.2	08:44.0
13	135	Nicole	Harrington	F	Albany	NY	0:14:46.89	0:29:00.94	28:56.9	08:46.3
14	126	Lori	Giampaolo	F	King of Prussia	PA	0:14:34.92	0:29:03.49	28:57.9	08:46.6
15	114	Katie	Mannion	F	King of Prussia	PA	0:14:40.92	0:29:11.70	29:03.8	08:48.4
16	167	Ashley	Fletcher	F	Voorhees	NJ	0:14:59.92	0:29:52.38	29:45.3	09:01.0
17	168	Larry	Hamacher	M	Voorhees	NJ	0:14:58.93	0:31:49.68	31:42.6	09:36.5
18	171	Gavin	Gaspar	M	Lexington	MA	0:13:05.93	0:33:02.35	33:01.5	10:00.4
19	103	Elizabeth	Davis	F	King of Prussia	PA	0:17:12.95	0:33:24.70	33:18.7	10:05.7
20	169	Alexandra	Rayser	F	Voorhees	NJ	0:16:34.96	0:36:21.59	36:14.9	10:59.1
21	121	Kelly	Filer	F	Ocean City	NJ	0:19:47.97	0:40:38.80	40:36.3	12:18.3
22	127	Bria	Gibbs	F	King of Prussia	PA	0:20:48.97	0:41:27.82	41:16.4	12:30.4
23	158	John	Witmer	M	Philadelphia	PA	0:20:02.99	0:42:53.24	42:46.9	12:57.9
24	120	Osman	Dogru	M	Philadelphia	PA	0:16:39.63	0:44:16.08	44:06.1	13:21.9
25	128	Heather	Greenspan	F	Berkeley Heights	NJ	0:16:39.71	0:44:15.90	44:06.5	13:22.0
26	106	David	Burgoon	M	Flemington	NJ	0:16:43.89	0:44:17.86	44:07.0	13:22.1
27	124	Josephina	Galvao	F	Lexington	MA	0:23:17.95	0:47:15.35	47:00.3	14:14.6
28	155	Dino	Vasso	M	Lexington	MA	0:23:58.94	0:48:57.10	48:44.4	14:46.2
29	143	Ryan	Lambert	F	Lexington	MA	0:23:54.96	0:48:57.36	48:45.4	14:46.5
30	132	Ashlee	Groeling	F	King of Prussia	PA	0:25:55.91	0:52:15.27	51:54.0	15:43.6
31	131	Kylee	Groeling	F	King of Prussia	PA	0:25:53.92	0:52:15.52	51:57.4	15:44.7
32	150	Josh	Phillips	M	Berkeley Heights	NJ	0:26:23.94	0:52:48.87	52:34.2	15:55.8
33	149	Emily	Phillips	F	Berkeley Heights	NJ	0:26:24.88	0:52:51.04	52:39.1	15:57.3
34	133	Joe	Harper	M	New York	NY	0:26:24.72	0:53:01.05	52:47.2	15:59.7
35	141	Rich	Jacob	M	King of Prussia	PA	0:27:53.73	0:53:57.29	53:45.2	16:17.3
36	142	Morgan	Jacob	F	King of Prussia	PA	0:27:52.63	0:54:02.53	53:49.5	16:18.6
37	123	Laura	Fling	F	King of Prussia	PA	0:27:42.52	0:55:01.88	54:46.0	16:35.8
38	140	Beth	Jacob	F	King of Prussia	PA	0:27:38.69	0:55:04.64	54:51.5	16:37.4
39	102	Emily	Brandon	F	King of Prussia	PA	0:27:54.85	0:55:11.84	55:03.7	16:41.1
40	129	Tom	Groeling	M	King of Prussia	PA	0:28:40.89	0:55:35.41	55:03.9	16:41.2
41	122	Dave	Fling	M	King of Prussia	PA	0:28:35.80	0:55:39.24	55:10.3	16:43.1

42	179	Carol	Sponseller	F	King of Prussia	PA	0:28:39.76	0:55:34.03	55:15.3	16:44.6
43	178	Freddie	Graf	M	Berwyn	PA	0:28:19.95	0:55:27.49	55:15.9	16:44.8
44	138	Kate	Holland	F	King of Prussia	PA	0:28:36.79	0:55:37.88	55:28.5	16:48.6
45	146	Nefar	Moran	F	Lexington	MA	0:28:42.97	0:59:31.45	59:17.3	17:58.0
46	159	Jean	Witmer	F	Philadelphia	PA	0:28:40.88	0:59:30.31	59:23.7	17:59.9